

April, 2025

Summit North Great Start Breakfast

April, 2025

Monday

Tuesday

Wednesday

Thursday

Friday

	WG Blueberry Muffin(30) Applesauce Cup(14) 1% White Milk(11)	Dannon Nonfat Creamy Yogurt (12) Diced Peaches (7) 1% White Milk(11)		
480:969:49	1 340:270:55	2 200:195:30	3 341:291:65	4
Honey Cherrios Bowl (22) Tropical Fruit (7) 1% White Milk(11)	WG Banana Muffin(31) Mandarin Oranges (10) 1% White Milk(11)	Dannon Nonfat Creamy Yogurt (12) Pineapple Tidbits (8) 1% White Milk(11)	Rice Chex Cereal(24) Fresh Banana(31) 1% White Milk(11)	
7 240:290:40	8 345:240:52	9 205:190:31	10 321:371:66	11
Cinnamon Chex Cereal(23) Tropical Fruit (7) 1% White Milk(11)	WG Blueberry Muffin(30) Cinnamon Applesauce Cup(14) 1% White Milk(11)	Dannon Nonfat Creamy Yogurt (15) Pineapple Tidbits (8) 1% White Milk(11)	Honey Cherrios Bowl (22) Fresh Banana(31) 1% White Milk(11)	
14 250:290:41	15 340:255:55	16 215:185:34	17 331:291:64	18
	Rice Chex Cereal(24) Cinnamon Applesauce Cup(14) 1% White Milk(11)	Dannon Nonfat Creamy Yogurt (15) Pineapple Tidbits (8) 1% White Milk(11)	Cheerios Bowl(21) Diced Pears (7) 1% White Milk(11)	
21	22 Happy Earth Day! 250:370:49	23 215:185:34	24 230:262:39	25
Cinnamon Toast Crunch Cereal(22) Mandarin Oranges (10) 1% White Milk(11)	WG Blueberry Muffin(30) Applesauce Cup(14) 1% White Milk(11)	Dannon Nonfat Creamy Yogurt (12) Diced Peaches (7) 1% White Milk(11)		
28 265:290:43	29 340:270:55	30 200:195:30	480:969:49	480:969:49



Thought for Thought

Tips & Information

Recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:319 AvgSod(mg):422 AvgCarbs(g):46

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily.



Menu Subject to Change