

November, 2025

Summit North Great Start Breakfast

November, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Rice Chex Cereal(24) Mixed Berry Applesauce Cup(15) 1% White Milk(11) 3 260:370:50	4 No School	Dannon Nonfat Creamy Yogurt (12) Diced Pears (7) 1% White Milk(11) 5 200:192:30	Cinnamon Toast Crunch Cereal(22) Pineapple Tidbits (8) 1% White Milk(11) 6 245:280:41	7
Blueberry Chex Cereal (23) Applesauce Cup(14) 1% White Milk(11) 10 270:315:48	Cheerios Bowl(21) Diced Pears (7) 1% White Milk(11) 11 Veterans Day! 230:262:39	WG Blueberry Muffin(30) Fresh Banana(31) 1% White Milk(11) 12 411:256:72	Cinnamon Chex Cereal(23) Pineapple Tidbits (8) 1% White Milk(11) 13 245:280:42	14
Honey Cherrios Bowl (22) Cinnamon Applesauce Cup(14) 1% White Milk(11) 17 260:290:47	Apple Muffin(22) Diced Pears (7) 1% White Milk(11) 18 265:262:40	WG Banana Muffin(31) Fresh Banana(31) 1% White Milk(11) 19 421:231:73	Rice Chex Cereal(24) Pineapple Tidbits (8) 1% White Milk(11) 20 235:370:43	21
Cinnamon Chex Cereal(23) Cinnamon Applesauce Cup(14) 1% White Milk(11) 24 260:280:48	Cheerios Bowl(21) Diced Pears (7) 1% White Milk(11) 25 230:262:39	26 No School	27 No School	28 Happy Thanksgiving!



Thought for Thought

Tips & Information

Abraham Lincoln declared Thanksgiving a national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

9/15/2025 6:12:51 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()

AvgCals:271 AvgSod(mg):280 AvgCarbs(g):47

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"-Whole Grain
 1% White & 1%Chocolate Milk
 available daily. (GSRP-white milk only)



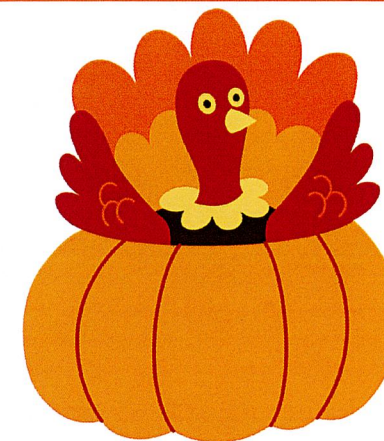
Menu Subject to Change

November, 2025

Summit North Great Start Lunch

November, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Swedish Beef Meatballs(7) Mixed Vegetable (Corn, Green Beans, Peas, Carrots) (6) Sunshine Fruit Mix (8) 1% White Milk(11)		Turkey Sloppy Joe on WG Bun(14) Seasoned Green Beans (1) Diced Mango 1% White Milk(11)	Chicken Stir-Fry w/Veg(24) Ginger Spiced Peach Pear Mix(7) 1% White Milk(11)	
3 359:419:32	4 No School	5 302:300:26	6 326:2073:42	7
Cheesy Chicken Breast (2) California Blend Vegetable (Carrots, Broccoli, Cauliflower) Pineapples & Peaches(7) 1% White Milk(11)	Sweet and Sour Chicken over Brown Stir-Fry Vegetable Blend(4) Fresh Orange Smiles(11) 1% White Milk(11)	Half Turkey Ham Sandwich on WW Seasoned Green Beans (1) Diced Strawberries(3) 1% White Milk(11)	Cheese Bosco Sticks (38) Mixed Vegetable (Corn, Green Beans, Peas, Carrots) (6) Cinnamon Maple Diced Apples (6) 1% White Milk(11)	
10 346:459:21	11 Veterans Day! 397:358:59	12 282:711:42	13 471:716:61	14
Cheeseburger Mac (Ground Turkey &) Seasoned Green Beans (1) Pie Spiced Peaches(7) 1% White Milk(11)	WG Chicken Nuggets (12) Maple Spiced Carrots Cinnamon Maple Diced Apples (6) 1% White Milk(11)	Sunbutter & Jelly Uncrustable on WG Baby Carrots w/ Ranch (4) Fresh Honeydew Melon 1% White Milk(11)	Chicken & Gravy with Brown Rice (28) Peas and Carrots (6) Ginger Spiced Peach Pear Mix(7) 1% White Milk(11)	
17 368:637:35	18 340:665:29	19 551:794:49	20 402:562:53	21
Breaded Chicken Patty on WG Bun(43) Diced Potatoes(9) Sunshine Fruit Mix (8) 1% White Milk(11)	Beef & Cheese Soft Taco with WG Texas Ranchero Pinto Beans (6) Pie Spiced Peaches(7) 1% White Milk(11)			
24 580:946:71	25 382:698:42	26 No School	27 No School	28 Happy Thanksgiving!



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9/15/2025 6:12:28 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:392 AvgSod(mg):718 AvgCarbs(g):43

****SCHOOLS ONLY****

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily. (GSRP-white milk only)



****Menu Subject to Change****