

November, 2025

Summit Academy North Breakfast

November, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Bag Breakfast Cinnamon Toast Crunch Cereal Animal Crackers Pear Cup 100% Juice(73)1% White Milk or 1% Chocolate Milk(11) 3 445:400:84		Bag Breakfast Golden Grahams Bar Cinnamon Goldfish Craisins 100% Juice(90)1% White Milk or 1% Chocolate Milk(11) 5 550:350:101	Bag Breakfast WG Banana Muffin Vanilla Goldfish Mandarin Orange Cup 100% Juice(78)1% White Milk or 1% Chocolate Milk(11) 6 533:380:89	
Bag Breakfast Apple Cinnamon Cheerios Animal Crackers 100% Juice Craisins(85)1% White Milk or 1% Chocolate Milk(11) 10 500:355:96	Bag Breakfast Trix Cereal Bar Cinnamon Goldfish Mandarin Orange Cup 100% Juice(75)1% White Milk or 1% Chocolate Milk(11) 11 Veterans Day! 493:340:86	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11) 12 468:302:88	Bag Breakfast Apple Muffin Vanilla Goldfish Craisins 100% Juice(83)1% White Milk or 1% Chocolate Milk(11) 13 525:410:94	
Bag Breakfast Blueberry Chex Animal Grahams Pear Cup 100% Juice(74)1% White Milk or 1% Chocolate Milk(11) 17 455:420:85	Bag Breakfast Strawberry Nutrigrain Bar Cinnamon Goldfish Mixed Fruit Cup 100% Juice(81)1% White Milk or 1% Chocolate Milk(11) 18 510:385:92	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11) 19 508:422:84	Bag Breakfast WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice (90)1% White Milk or 1% Chocolate Milk(11) 20 580:370:101	
Bag Breakfast Cinnamon Chex Animal Crackers Peach Cup 100% Juice(81)1% White Milk or 1% Chocolate Milk(11) 24 470:400:92	Bag Breakfast Double Chocolate Oatmeal Bar Cinnamon Goldfish Mandarin Orange Cup 100% Juice(70)1% White Milk or 1% Chocolate Milk(11) 25 483:345:81			
				28 Happy Thanksgiving!



Thought for Thought

Tips & Information

Abraham Lincoln declared Thanksgiving a national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

9/15/2025 10:00:45 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()

AvgCals:501 AvgSod(mg):375 AvgCarbs(g):90

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily. (GSRP-white milk only)



****Menu Subject to Change****

November, 2025

Summit Academy North Lunch

November, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Sandwich on WG Bun Seasoned Roasted Potatoes Fresh Gala Apple 1% White or 1% Chocolate Milk 3	4 No School	Italian Meatball Sub on WG Bun Baked Green Beans Fresh Banana 1% White or 1% Chocolate Milk 5	Pre-Packaged Pepperoni Breadstick Fresh Broccoli Florets w/ Ranch Dressing Mandarin Orange Cup 1% White or 1% Chocolate Milk 6	7
Walking Taco w/ WG Corn Chips Fiesta Taco Black Beans Fresh Gala Apple 1% White or 1% Chocolate Milk 10	Cheeseburger Meatloaf on WW Bun Seasoned Corn Diced Peach Cup 1% White or 1% Chocolate Milk 11 Veterans Day!	Chicken Strips & Waffle Maple Carrot Coins Fresh Banana 1% White or 1% Chocolate Milk 12	Pre-Packaged Pepperoni Breadstick 100% Paradise Punch Juice Box Mandarin Orange Cup 1% White or 1% Chocolate Milk 13	14
Classic Cheeseburger on WW Bun Baked Green Beans Fresh Gala Apple 1% White or 1% Chocolate Milk 17	Chicken Fajita with Tortilla Texas Ranchero Pinto Beans Mixed Fruit Cup 1% White or 1% Chocolate Milk 18	Popcorn Chicken w/WG Dinner Roll Mashed Potatoes w/ Gravy Fresh Banana 1% White or 1% Chocolate Milk 19	Pre-Packaged Pepperoni Breadstick Baby Carrots w/ Ranch Mandarin Orange Cup 1% White or 1% Chocolate Milk 20	21
100% Beef Chili Dog w/cheese Seasoned Corn Fresh Gala Apple 1% White or 1% Chocolate Milk 24	Grilled Chicken Breast on WW Bun Baked Beans Diced Pear Cup 1% White or 1% Chocolate Milk 25	26 No School	27 Happy Thanksgiving!	28



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10/6/2025 10:37:36 AM

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