

Summit Academy North Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--------|
| Chicken Nuggets W/ BBQ sauce(32) Baked Green Beans (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24) 2 548:693:90 | Grilled Chicken Breast on WW Bun (25) Baked Beans (41) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24) 3 643:1393:104 | Chicken Strip Wrap w/ Ranch (35) Potato Wedges (41) Fresh Banana(31) 1% White or 1% Chocolate Milk(24) 4 971:2196:131 | Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24) 5 603:885:73 | |
| | Beef Sloppy Joe on WW Bun (34) Baked Beans (41) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24) 9 No School | Walking Taco w/ WG Corn Chips (31) Seasoned Corn (19) Fresh Banana(31) 1% White or 1% Chocolate Milk(24) 10 688:1460:113 | Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24) 11 Student Count Day! 714:752:105 | |
| | | BBQ Drumstick W/ Dinner Roll(29) Baked Beans (41) Fresh Banana(31) 1% White or 1% Chocolate Milk(24) 16 No School | Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24) 17 No School | |
| Chicken Strip Wrap w/ Honey Mustard (44) Baked Green Beans (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24) 23 723:1043:102 | BBQ Beef Rib Patty on WG Bun(37) Maple Carrot Coins (13) Pineapple Tibits Cup (16) 1% White or 1% Chocolate Milk(24) 24 604:1046:90 | Chicken Meatballs & Gravy (29) Mashed Potato (21) Fresh Banana(31) 1% White or 1% Chocolate Milk(24) 25 816:1178:106 | Pre-Packaged Pepperoni Breadstick Pizza(28) Fresh Broccoli Florets w/ Ranch Dressing (1) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24) 26 630:885:78 | |
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happy Valentine's Day

Thought for Thought

Tips & Information

Since its inception, Black History Month has expanded beyond its initial acceptance in educational establishments. Carter Woodson's organization, now known as the Association for the Study of African American Life and History (ASALH), designates a theme each year. This year, February will be a celebration of Black History Month with the theme "African Americans and the Arts." The ASALH shares, "African American art is infused with African, Caribbean, and the Black American lived experiences.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:687 AvgSod(mg):1135 AvgCarbs(g):97

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)

****Menu Subject to Change****

