

February, 2026

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# Summit Academy North Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

Bag Breakfast Cinnamon Chex Animal Crackers Peach Cup 100% Juice(81)1% White Milk or 1% Chocolate Milk(11) 2 470:400:92	Bag Breakfast Double Chocolate Oatmeal Bar Cinnamon Goldfish Apple Banana Bar 100% Juice(73)1% White Milk or 1% Chocolate Milk(11) 3 500:355:84	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11) 4 508:422:84	Bag Breakfast Double Chocolate Chip Muffin Vanilla Goldfish Craisin 100% Juice(88)1% White Milk or 1% Chocolate Milk(11) 5 570:375:99	6
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7	Bag Breakfast Apple Nutrigrain Bar Cinnamon Goldfish Pear Cup 100% Juice (77)1% White Milk or 1% Chocolate Milk(11) 9 No School 10 485:385:88	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Yogurt(12) 11 458:307:85	Bag Breakfast WG Banana Muffin Vanilla Goldfish Apple Cinn Fruit Crunchable 100% Juice(74)1% White Milk or 1% Chocolate Milk(11) 12 520:380:85	13
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14	Bag Breakfast Blueberry Nutrigrain Bar Cinnamon Goldfish Mixed Fruit Cup 100% Juice (81)1% White Milk or 1% Chocolate Milk(11) 16 No School 17 No School 18 510:385:92	Bag Breakfast WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice (90)1% White Milk or 1% Chocolate Milk(11) 19 580:370:101	20
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21	Bag Breakfast Cinnamon Toast Crunch Cereal Animal Crackers Pear Cup 100% Juice(73)1% White Milk or 1% Chocolate Milk(11) 23 445:400:84	Bag Breakfast Golden Grahams Cinnamon Goldfish Craisins 100% Juice(83)1% White Milk or 1% Chocolate Milk(11) 24 500:475:94	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Yogurt(12) 1% White Milk or 1% Chocolate Milk(11) 25 458:307:85	Bag Breakfast WG Banana Muffin Vanilla Goldfish Apple Cinn Fruit Crunchable 100% Juice(74)1% White Milk or 1% Chocolate Milk(11) 26 520:380:85 27
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28				
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happy Valentine's Day

Thought for Thought



Tips &amp; Information

Since its inception, Black History Month has expanded beyond its initial acceptance in educational establishments. Carter Woodson's organization, now known as the Association for the Study of African American Life and History (ASALH), designates a theme each year. This year, February will be a celebration of Black History Month with the theme "African Americans and the Arts." The ASALH shares, "African American art is infused with African, Caribbean, and the Black American lived experiences."

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1/21/2026 3:44:06 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()  
AvgCals:501 AvgSod(mg):380 AvgCarbs(g):89

\*\*SCHOOLS ONLY\*\*

"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)

\*\*Menu Subject to Change\*\*

