

Summit Academy North Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Bag Breakfast</p> <p>Golden Grahams Cereal Tiger Grahams Craisin 100% Juice (85)1% White Milk or 1% Chocolate Milk(11)</p> <p>4 500:490:96</p>	<p>Bag Breakfast</p> <p>Apple Nutrigrain Bar Cinnamon Goldfish Pear Cup 100% Juice (78)1% White Milk or 1% Chocolate Milk(11)</p> <p>5 Cinco de Mayo 485:415:89</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)1% White Milk or 1% Chocolate Milk(11)</p> <p>6 388:267:73</p>	<p>Bag Breakfast</p> <p>WG Banana Muffin Vanilla Goldfish Apple Cinn Fruit Crunchable100% Juice(74)1% White Milk or 1% Chocolate Milk(11)</p> <p>7 520:345:85</p>	
<p>Bag Breakfast</p> <p>Cocoa Puffs Cereal Bar Scooby Grahams Craisins 100% Juice (91)1% White Milk or 1% Chocolate Milk(11)</p> <p>11 550:325:102</p>	<p>Bag Breakfast</p> <p>Blueberry Nutrigrain Bar Cinnamon Goldfish Mixed Fruit Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)</p> <p>12 490:385:90</p>	<p>Bag Breakfast</p> <p>WG Blueberry Bagel with Cream Cheese Craisins 100% Juice (74)1% White Milk or 1% Chocolate Milk(11)</p> <p>13 530:460:85</p>	<p>Bag Breakfast</p> <p>WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice (90)1% White Milk or 1% Chocolate Milk(11)</p> <p>14 580:400:101</p>	15
<p>Bag Breakfast</p> <p>Cinnamon Toast Crunch Cereal Tiger Grahams Pear Cup 100% Juice(72)1% White Milk or 1% Chocolate Milk(11)</p> <p>18 445:410:83</p>	<p>Bag Breakfast</p> <p>Golden Grahams Cinnamon Goldfish Craisins 100% Juice(90)1% White Milk or 1% Chocolate Milk(11)</p> <p>19 550:380:101</p>	<p>Bag Breakfast</p> <p>Cinnamon Raisin Bagelwith Cream Cheese Craisins 100% Juice (74)1% White Milk or 1% Chocolate Milk(11)</p> <p>20 530:460:85</p>	<p>Bag Breakfast</p> <p>WG Banana Muffin Vanilla Goldfish Apple Cinn Fruit Crunchable100% Juice(74)1% White Milk or 1% Chocolate Milk(11)</p> <p>21 520:345:85</p>	22
	<p>Bag Breakfast</p> <p>Trix Cereal Bar Cinn Fish Fruit Bar 100% Juice(78)1% White Milk or 1% Chocolate Milk(11)</p> <p>26 Memorial Day! 510:380:89</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11)</p> <p>27 528:432:84</p>	<p>Bag Breakfast</p> <p>Apple Muffin Vanilla Goldfish Craisins 100% Juice(83)1% White Milk or 1% Chocolate Milk(11)</p> <p>28 525:375:94</p>	29
365:489:49	365:489:49	365:489:49	365:489:49	365:489:49



Thought for Thought

Tips & Information

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:448 AvgSod(mg):432 AvgCarbs(g):72

****SCHOOLS ONLY****

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)



****Menu Subject to Change****

Summit Academy North Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Beef & Cheese Nachos w/ WG Corn Chios (33) 100% Mango Splash Juice Box (17) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(20)</p> <p>4 659:876:99</p>	<p>Chicken Fajita with Tortilla (18) Texas Ranchero Pinto Beans (15) Mixed Fruit Cup (15) 1% White or 1% Chocolate Milk(20)</p> <p>Cinco de Mayo 497:957:68</p>	<p>Chicken Meatballs & Gravy (29) Mashed Potato (21) Fresh Banana(31) 1% White or 1% Chocolate Milk(20)</p> <p>6 796:1338:102</p>	<p>Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (20) 1% White or 1% Chocolate Milk(20)</p> <p>7 610:1045:76</p>	
<p>100% Beef Chili Dog w/cheese (23) Seasoned Corn (19) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(20)</p> <p>11 693:1093:91</p>	<p>Crispy Chicken Sandwich on WG Bun (33) Baked Beans (41) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(20)</p> <p>12 723:1493:108</p>	<p>Chicken Strip Wrap w/ Ranch (35) Baked Green Beans (5) Fresh Banana(31) 1% White or 1% Chocolate Milk(20)</p> <p>13 701:1092:91</p>	<p>Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (20) 1% White or 1% Chocolate Milk(20)</p> <p>14 610:1045:76</p>	<p>15 680:2581:111</p>
<p>WG Boneless Wings w/ Dinner Roll (30) Maple Carrot Coins (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(20)</p> <p>18 597:1022:92</p>	<p>Beef Sloppy Joe on WW Bun (34) Baked Beans (41) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(20)</p> <p>19 668:1620:109</p>	<p>Meatballs & Gravy with WW Dinner Roll (24) Mashed Potato (21) Fresh Banana(31) 1% White or 1% Chocolate Milk(20)</p> <p>20 656:1171:97</p>	<p>Pre-Packaged Pepperoni Breadstick Pizza(28) Fresh Broccoli Florets w/ Ranch Dressing (1) Mandarin Orange Cup (20) 1% White or 1% Chocolate Milk(20)</p> <p>21 584:984:69</p>	<p>22</p>
<p>Memorial Day!</p> <p>25 365:489:49</p>	<p>Classic Cheeseburger on WW Bun (29) Potato Wedges (41) Diced Peach Cup (12) 1% White or 1% Chocolate Milk(20)</p> <p>26 805:2275:102</p>	<p>BBQ Drumstick W/ Dinner Roll(29) Baked Beans (41) Fresh Banana(31) 1% White or 1% Chocolate Milk(20)</p> <p>27 769:1624:121</p>	<p>Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/ Ranch (8) Mandarin Orange Cup (20) 1% White or 1% Chocolate Milk(20)</p> <p>28 610:1045:76</p>	<p>29 621:1057:77</p>
<p>365:489:49</p>	<p>365:489:49</p>	<p>365:489:49</p>	<p>365:489:49</p>	<p>365:489:49</p>



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3/25/2026 6:15:54 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:542 AvgSod(mg):982 AvgCarbs(g):74

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****Menu Subject to Change****