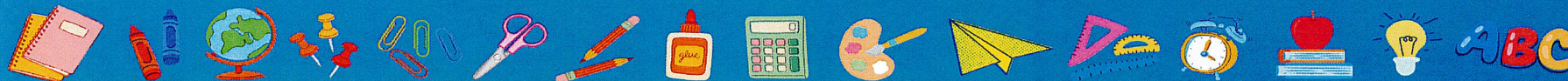


September, 2026

Summit Academy North Breakfast

September, 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day!	No School	No School	No School
7 No School	8 485:415:89 Bag Breakfast Apple NutriGrain Bar Cinnamon Goldfish Pear Cup 100% Juice (78)1% White Milk or 1% Chocolate Milk(11)	9 530:460:85 Bag Breakfast Cinnamon Raisin Bagel with Cream Cheese Craisins 100% Juice (74)1% White Milk or 1% Chocolate Milk(11)	10 520:345:86 Bag Breakfast WG Banana Muffin Vanilla Goldfish Apple Straw Fruit Crunchable 100% Juice(75)1% White Milk or 1% Chocolate Milk(11)	11 No School
14 550:325:102 Bag Breakfast Cocoa Puffs Cereal Bar Scooby Grahams Craisins 100% Juice (91)1% White Milk or 1% Chocolate Milk(11)	15 490:385:90 Bag Breakfast Blueberry NutriGrain Bar Cinnamon Goldfish Mixed Fruit Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	16 530:460:85 Bag Breakfast WG Blueberry Bagel with Cream Cheese Craisins 100% Juice (74)1% White Milk or 1% Chocolate Milk(11)	17 580:400:101 Bag Breakfast WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice (90)1% White Milk or 1% Chocolate Milk(11)	18 No School
21 445:410:83 Bag Breakfast Cinnamon Toast Crunch Cereal Tiger Grahams Pear Cup 100% Juice(72)1% White Milk or 1% Chocolate Milk(11)	22 550:380:101 Bag Breakfast Golden Grahams Cinnamon Goldfish Craisins 100% Juice(90)1% White Milk or 1% Chocolate Milk(11)	23 528:432:84 Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11)	24 520:345:86 Bag Breakfast WG Banana Muffin Vanilla Goldfish Apple Straw Fruit Crunchable 100% Juice(75)1% White Milk or 1% Chocolate Milk(11)	25 No School
28 460:405:82 Bag Breakfast Apple Cinnamon Cheerios Cinn Fish 100% Juice Fruit Bar(71)1% White Milk or 1% Chocolate Milk(11)	29 490:370:85 Bag Breakfast Trix Cereal Bar Cinn Fish Peach Cup 100% Juice(74)1% White Milk or 1% Chocolate Milk(11)	30 528:432:84 Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11)		

WELCOME



Thought for Thought

Tips & Information

Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!!

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8/11/2026 7:16:42 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()

AvgCals:514 AvgSod(mg):397 AvgCarbs(g):88

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)

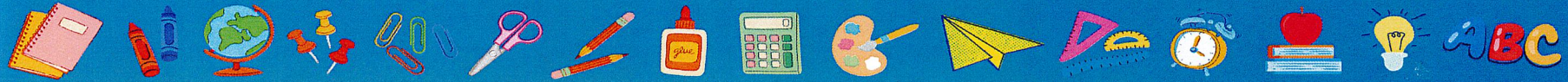


Menu Subject to Change

September, 2026

Summit Academy North Lunch

September, 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day!	No School	No School	No School
	1 BBQ Beef Rib Patty on WG Bun Maple Carrot Coins Pineapple Tibits Cup 1% White or 1% Chocolate Milk	2 No School	3 No School	4 No School
7 No School	8 BBQ Chicken on WG Bun Maple Carrot Coins Diced Peach Cup 1% White or 1% Chocolate Milk	9 Turkey Meatballs & Gravy w/ WG Dinner Roll Mashed Potato Fresh Gala Apple 1% White or 1% Chocolate Milk	10 Pre-Packaged Pepperoni Breadstick Pizza Fresh Broccoli Florets w/ Ranch Dressing Mandarin Orange Cup 1% White or 1% Chocolate Milk	11 No School
14 Crispy Chicken Sandwich on WG Bun Seasoned Roasted Potatoes Fresh Gala Apple 1% White or 1% Chocolate Milk	15 BBQ Chicken on WG Bun Maple Carrot Coins Diced Peach Cup 1% White or 1% Chocolate Milk	16 Italian Meatball Sub on WG Bun Baked Green Beans Fresh Banana 1% White or 1% Chocolate Milk	17 Pre-Packaged Pepperoni Breadstick Pizza Fresh Broccoli Florets w/ Ranch Dressing Mandarin Orange Cup 1% White or 1% Chocolate Milk	18 No School
21 Walking Taco w/ WG Corn Chips Fiesta Taco Black Beans Fresh Gala Apple 1% White or 1% Chocolate Milk	22 Cheeseburger Meatloaf on WW Bun Seasoned Corn Diced Peach Cup 1% White or 1% Chocolate Milk	23 Chicken Strips & Waffle Maple Carrot Coins Fresh Banana 1% White or 1% Chocolate Milk	24 Pre-Packaged Pepperoni Breadstick Pizza 100% Paradise Punch Juice Box Mandarin Orange Cup 1% White or 1% Chocolate Milk	25 No School
28 Beef & Cheese Nachos w/ WG Corn Chips 100% Mango Splash Juice Box Fresh Gala Apple 1% White or 1% Chocolate Milk	29 Chicken Fajita with Tortilla Texas Ranchero Pinto Beans Mixed Fruit Cup 1% White or 1% Chocolate Milk	30 Chicken Meatballs & Gravy Mashed Potato Fresh Banana 1% White or 1% Chocolate Milk		

WELCOME



Thought for Thought

Tips & Information

Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!!

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SCHOOLS ONLY

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1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)

Menu Subject to Change

