

Monday	Tuesday	Wednesday	Thursday	Friday
Golden Grahams(24) Animal Grahams(22) Mixed Fruit Cup (11) 100% Juice Orange (15) 1% White Milk or 1% Chocolate Milk(11)	ZZ Bar Apple Crisp (41) Diced Pear Cup (14) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	Ultimate Breakfast Bar (44) Craisins(27) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	Cinnamon ZZ Bar(39) Fresh Apple(29) 1% White Milk or 1% Chocolate Milk(11)	
1 438:460:83	2 525:210:96	3 600:370:112	4 458:200:79	5 No School
Cinnamon Toast Crunch Cereal(22) Animal Grahams(22) Diced Peach Cup (21) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	Strawberry PopTart(36) Pineapple Tibits Cup (15) 100% Juice Orange (15) 1% White Milk or 1% Chocolate Milk(11)	WG Bagel w/Cream cheese(30) Fresh Apple(29) 1% White Milk or 1% Chocolate Milk(11)	WG Banana Muffin(31) Giant Vanilla Goldfish (19) Mixed Berry Applesauce Cup(13) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	
8 540:405:106	9 406:306:77	10 438:440:70	11 590:360:104	12 No School
Cocoa Puff Cereal Bar (30) Animal Grahams(22) Fresh Orange(22) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	ZZ Bar Blueberry Lemon (41) Craisins(27) 100% Juice Orange (15) 1% White Milk or 1% Chocolate Milk(11)	Ultimate Breakfast Bar (44) Craisins(27) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	Double Chocolate Chip Muffin(27) Giant Vanilla Goldfish (19) Fresh Apple(29) 1% White Milk or 1% Chocolate Milk(11)	
15 584:350:115	16 530:200:94	17 600:370:112	18 508:330:86	19 No School
Raisin Bran Bowl (28) Animal Grahams(22) Mandarin Orange Cup (13) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	ZZ Bar Cinnamon (39) Diced Pear Cup (14) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	WG Bagel w/Cream cheese(30) Fresh Apple(29) 1% White Milk or 1% Chocolate Milk(11)	WG Frosted Cinnamon Poptart (36) Applesauce Cup(14) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	
22 503:365:104	23 525:210:94	24 438:440:70	25 440:320:91	26 No School
Frosted Flakes(24) Chat Snack Graham crackers(21) Pineapple Tibits Cup (15) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	Breakfast Nutrition Bar(41) Mixed Fruit Cup (11) 100% Juice Orange (15) 1% White Milk or 1% Chocolate Milk(11)			
29 516:431:101	30 458:200:78	627:657:104	627:657:104	627:657:104



Thought for Thought

Tips & Information
 Recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

3/18/2024 2:45:55 PM
 Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:531 AvgSod(mg):402 AvgCarbs(g):95

"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Beef Meatballs w/Bun(44) Baked Green Beans(7) Fresh Apple(29) 1% White or 1% Chocolate Milk(24)	Chicken Tenders w/ Dinner Roll(35) Potato Wedges(30) 100% Juice Orange (15) 1% White or 1% Chocolate Milk(24)	Chef Salad w/ WW Pita(35) Romaine w/ Dressing(4) Diced Pears(33) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (31) Baby Carrots w/Ranch (13) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	
1 627:657:104	2 767:1589:104	3 647:1098:97	4 672:892:130	5 No School
8 No Program	Italian Meatball Sub on WG Bun(35) Italian Blend Vegetable(7) Fresh Apple(29) 1% White or 1% Chocolate Milk(24)	Cheesy Taco Penne(20) Seasoned Corn(23) Fresh Orange(22) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (31) Baby Carrots w/Ranch (13) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(24)	12 No School
All-American Hamburger w/ WW Bun(31) Baked Beans(44) Diced Peaches(15) 1% White or 1% Chocolate Milk(24)	Chicken Fajita with Tortilla(33) Marvelous Mixed Veggies(15) Fresh Orange(22) 1% White or 1% Chocolate Milk(24)	Cheese Omelette w/Biscuit (28) Seasoned Roasted Potatoes (32) Fresh Apple(29) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (31) Baby Carrots w/Ranch (13) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	19 No School
15 758:868:114	16 878:777:95	17 761:1057:113	18 672:892:130	
Baked Spaghetti w/ Dinner Roll(44) Steamed Broccoli(5) Fresh Apple(29) 1% White or 1% Chocolate Milk(24)	Breaded Chicken Patty on WW Bun(43) Baked Beans(44) Diced Pears(33) 1% White or 1% Chocolate Milk(24)	Cheeseburger Mac w/Dinner Roll(39) Seasoned Corn(23) Fresh Orange(22) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (31) Baby Carrots w/Ranch (13) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	26 No School
22 629:441:102	23 916:1124:144	24 722:1050:108	25 672:892:130	
Classic Cheeseburger on WW Bun(32) Baked Beans(44) Diced Peaches(15) 1% White or 1% Chocolate Milk(24)	Texas Style Chicken Drumstick w/Dinner Roll(25) Seasoned Corn(23) Diced Pears(33) 1% White or 1% Chocolate Milk(24)			
29 813:1093:115	30 699:802:105	627:657:104	627:657:104	627:657:104



In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

Thought for Thought

Tips & Information
 Recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

3/18/2024 2:45:25 PM
 Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:686 AvgSod(mg):830 AvgCarbs(g):109

"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
RF Nacho Cheese Doritos (20) 100% Tropical Punch Juice Box(24) 1 230:225:44	WG Cheetos Puffs (13) 100% Orange Tangerine Juice Box(24) 2 190:165:37	WG Harvest Cheddar Sunchips (19) 100% Apple Juice Box(24) 3 240:225:43	WG Cheez Its(14) 100% Grape Juice Box(24) 4 200:165:38	5
8 <i>No Program</i>	RF Cool Ranch Doritos(18) 100% Apple Juice Box(24) 9 250:215:42	Chat Snack Graham crackers(21) 100% Grape Juice Box(24) 10 220:130:45	WG Cheetos Puffs (13) 100% Tropical Punch Juice Box(24) 11 190:165:37	12
Cinnamon Bug Bites(21) 100% Apple Juice Box(24) 15 220:140:45	WG Garden Salsa Sunchips (19) 100% Grape Juice Box(24) 16 240:165:43	Simply Chex Cheddar (20) 100% Tropical Punch Juice Box(24) 17 210:155:44	WG Cheetos Puffs (13) 100% Orange Tangerine Juice Box(24) 18 190:165:37	19
WG Pretzels (16) 100% Grape Juice Box(24) 22 180:225:40	RF Cool Ranch Doritos(18) 100% Tropical Punch Juice Box(24) 23 250:215:42	Chat Snack Graham crackers(21) 100% Orange Tangerine Juice Box(24) 24 220:130:45	Simply Chex Cheddar (20) 100% Apple Juice Box(24) 25 210:155:44	26
RF Nacho Cheese Doritos (20) 100% Tropical Punch Juice Box(24) 29 230:225:44	WG Cheetos Puffs (13) 100% Orange Tangerine Juice Box(24) 30 190:165:37	627:657:104	627:657:104	627:657:104



In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

Thought for Thought

Tips & Information
 Recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

3/18/2024 2:46:17 PM
 Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:308 AvgSod(mg):287 AvgCarbs(g):55

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****