

June, 2025

## Summit Academy High School Breakfast

June, 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cinnamon Toast Crunch Cereal(22)</b> Giant Vanilla Goldfish (19) Fresh Gala Apple(29) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	<b>Apple Cinnamon Nutri-grain Bar(30)</b> WG Animal Crackers(22) Cinnamon Applesauce Cup(14) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	<b>WG Bagel w/Cream cheese(29)</b> Pineapple Tibits Cup (16) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	<b>Cinnamon Chex Cereal(23)</b> Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	
2 508:432:96	3 540:395:107	4 520:436:84	5 642:402:130	6
<b>Trix Cereal Bowl(24)</b> Giant Vanilla Goldfish (19) Mandarin Orange Cup (13) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	<b>Cinnamon Toast Crunch Cereal Bar(30)</b> WG Animal Crackers(22) Fresh Gala Apple(29) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	<b>WG Banana Muffin(31)</b> Giant Vanilla Goldfish (19) Fresh Orange(22) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	<b>Honey Cherrios Bowl (22)</b> Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	
9 503:410:95	10 548:367:107	11 564:370:98	12 692:412:144	13
16	17	18	19 <b>Juneteenth</b>	20
23	24	25	26	27
30				

# Hello SUMMER

## Thought for Thought

## Tips &amp; Information

Juneteenth became a state holiday in Texas in 1980, and a number of other states subsequently followed suit. In 2021 Juneteenth was made a federal holiday. The day is also celebrated outside the United States, being used by organizations in a number of countries to recognize the end of slavery and to honour the culture and achievements of African Americans.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

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Nutrition Key -&gt; Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )

AvgCals:564 AvgSod(mg):403 AvgCarbs(g):107

**\*\*SCHOOLS ONLY\*\***

"or:" = An alternative selection to choose.

1% White &amp; 1%Chocolate Milk

available daily. (GSRP-white milk only)

**\*\*Menu Subject to Change\*\***

June, 2025

## Summit Academy High Lunch Menu

June, 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cheeseburger Meatloaf on WW Bun (34)</b> Steamed Broccoli(5) Diced Pears(33) 1% White or 1% Chocolate Milk(24)	<b>Beef &amp; Cheese Nachos w/ WG Corn Chips(40)</b> Texas Ranchero Pinto Beans (20) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(24)	<b>Crispy Chicken Sandwich on WG Bun</b> Potato Wedges(30) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	<b>Mandarin Orange(40)</b>	<b>Chicken Strip Wrap w/ Ranch(32)</b> Baby Carrots w/Ranch (13) 1% White or 1% Chocolate Milk(24)
2 621:645:96	3 864:1206:122	4 929:1446:151	5 758:994:99	6 739:894:98
<b>Turkey Kielbasa on WW Bun(30)</b> Potato Wedges(30) Diced Peaches(28) 1% White or 1% Chocolate Milk(24)	<b>Breaded Chicken Drumstick w/ Roll(25)</b> Seasoned Greens(5) Applesauce(14) 1% White or 1% Chocolate Milk(24)	<b>Classic Cheeseburger on WW Bun(32)</b> Baked Beans(44) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	<b>Fresh Gala Apple(29)</b>	
9 727:1874:112	10 564:820:68	11 960:1524:162	12 665:765:103	13 No School
16 No School	17	18 No School	19 Juneteenth	20 No School
23	24	25	26	27
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Nutrition Key -&gt; Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )

AvgCals:758 AvgSod(mg):1129 AvgCarbs(g):112

**\*\*SCHOOLS ONLY\*\***

"or:" = An alternative selection to choose. "WG"-Whole Grain  
 1% White & 1%Chocolate Milk  
 available daily. (GSRP-white milk only)

**\*\*Menu Subject to Change\*\***