

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The summary below is the information gathered during our assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment: Summit Academy North District

Month and year of current assessment: June 2, 2025

Date of last Local Wellness Policy revision: May 2023

Website address for the wellness policy and/or information on how the public can access a copy:
www.summitacademy.com/parents/wellnesspolicy

Section 2: Wellness Committee Information

How often does your school wellness committee meet? A minimum of 3 times/year

School Wellness Leader:

Name	Job Title	Email Address
Karen Watters	School Nurse	kwatters@summitacademy.com

School Wellness Committee Members:

Name	Job Title	Email Address
Teresa Golba	Executive Administrative Asst.	tgolba@summit-academy.com
Cheryl Kapp	Elementary Physical education Teacher	ckapp@summit-academy.com
Ryan Glaser	MS Physical Education Teacher	rglaser@summit-academy.com
Sally Racette	504/Homeless/Foster Care Liaison	sracett@summit-academy.com
	Community (Booster)	
	Community (Elementary Parent)	
	Community (Food Vendor)	

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☒ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our present policy is quite extensive and is a work in progress. We will be using the Michigan State Board of Education Model Local School Wellness Policy as our basis.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Summit Academy North

Date: June 2, 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Ongoing
Non-Food celebrations	a.) Inform parents of various activities that can take the place of food celebrations	Beginning of the year	-Verbal check in with staff to ensure compliance -Parent survey to check for responsiveness.	Principal	Teachers, staff, students	Ongoing
Nutrition Education in the classroom	a.) Support curriculum that includes nutrition information and education.	Beginning of the year	-Verbal check in with staff -Parent survey -Meal service vendor	Principal	Students, Staff, Teachers	Ongoing

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
-All district elementary students in each grade will receive physical education for at least 60 minutes per week throughout the school year.	-Gym -Recess K-5	Beginning of the school year	-Student participation	Phys Ed Principal	Students, Teachers, Staff	Ongoing
-Students, Pre-K-12, shall have the opportunity to participate regularly in supervised physical activities, either organized or unstructured, intended to maintain physical fitness and to understand the short-and long-term benefits of a physically active and healthy lifestyle.	-Gym class -Sports	Beginning of the school year	-Student participation	Phys Ed Principal	Students, Teachers, Staff	Ongoing
-Planned instruction in physical education shall include cooperative as well as competitive games.	-Gym -Sports	Beginning of the school year	-Student Participation and Interest	Phys Ed Principal	Students, Teachers, Staff	Ongoing

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
-The district will promote to parents/care givers, families, and the community the benefits of and approaches for healthy eating and physical activity throughout the school year. Families will be invited to at least one school sponsored wellness event and will receive information quarterly regarding health promotion.	-Initiate nutritional communications -Model healthy food choices -Have meal vendor have a family "dinner" -Annual Wellness Fair	Beginning of the school year	-USDA newsletter shared -Recipes shared -SunBucks information on website -Wellness Fair was well attended	Principal School Nurse	-Students, Staff, Parents	Ongoing
-The school shall provide at least thirty (30) minutes daily for students to eat.	-Day hours plan to include at least 30 minutes for students to eat -Make sure students and meal staff are trained	Beginning of school year	-The number of students that get through the line and have time to visit with friends	Principal, Support Staff	-Students, Staff	Ongoing

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
-Publish smart snack information in lunchrooms	-Poster of smart snack -App through Healthier Generation to check the snack	Beginning of the school year	-Students using the app -Parents using the app	CO	-Students, staff, parents	ongoing
-Food fundraisers meet the two per week. -Food from the fundraisers needs to be consumed away	-Announce and model this for families -Log food snacks that do not qualify as a smart snack -	Beginning of the school year	-Observe non-food from home -Observe fundraisers that are non-food	Principal	-Students, staff, parents	ongoing

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
-Set parameters and log these food/beverages	-Conversation with Athletic Boosters -Celebrations are a good time to model healthier choices	Beginning of the school year	-Have a booster on the Wellness Committee -Observe celebrations	Principal	Students, Staff, Parents	Ongoing

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
-Display flyers -QR code for the SmartSnackapp	-Print QR code and display -Print flyers	Beginning of school year	-Students and staff using the smart snack app	Principal Co	-Students, Staff, Parents	Ongoing