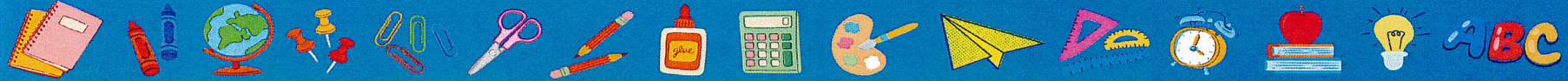


September, 2026

Summit Academy High School Breakfast

September, 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day!	No School	No School	No School
7 No School	1 Apple Cinnamon Nutri-grain Bar(31) Giant Cinnamon Goldfish(19) 100% Apple Juice(28) Diced Pear Cup (14) 1% White Milk or 1% Chocolate Milk(11)	2 Cinnamon Raisin Bagel with Cream Cheese (32) Fresh Gala Apple(29) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	3 WG Blueberry Muffin(30) Giant Vanilla Goldfish (19) Pineapple Tibits Cup (16) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	4 No School
14 No School	8 545:420:103 Cinnamon Toast Crunch Cereal Bar(30) Giant Cinnamon Goldfish(19) Fresh Gala Apple(29) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	9 528:462:87 WG Blueberry Bagel with Cream Cheese (32) 100% Grape Juice Box(15) Mixed Fruit Cup (15) 1% White Milk or 1% Chocolate Milk(11)	10 530:376:91 Apple Muffin(22) Giant Vanilla Goldfish (19) 100% Orange Tangerine Juice(15) Fresh Banana(62) 1% White Milk or 1% Chocolate Milk(11)	11 No School
14 570:380:114 Cinnamon Toast Crunch Cereal(22) WG Tiger Bites Grahams (21) 100% Fruit Punch Juice (30) Craisins(27) 1% White Milk or 1% Chocolate Milk(11)	15 598:407:117 Golden Grahams Cereal Bar (30) Giant Cinnamon Goldfish(19) 100% Apple Juice(28) Cinnamon Applesauce Cup(14) 1% White Milk or 1% Chocolate Milk(11)	16 480:460:73 WG Bagel w/Cream cheese(29) Fresh Gala Apple(29) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	17 657:377:129 WG Banana Muffin(31) Giant Vanilla Goldfish (19) Mandarin Orange Cup (20) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	18 No School
21 560:415:111 Lucky Charms(23) Scooby Doo Cinnamon Graham Sticks(21) Fresh Gala Apple(29) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	22 550:385:102 Trix Cereal Bar (29) Giant Cinnamon Goldfish(19) Mandarin Orange Cup (20) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	23 528:432:84 WG Bagel w/Cream cheese(29) 100% Grape Juice Box(15) Mixed Fruit Cup (15) 1% White Milk or 1% Chocolate Milk(11)	24 560:345:96 No School	25 No School
28 558:417:114 No School	29 580:375:107 No School	30 480:430:70 No School	No School	No School

WELCOME



Thought for Thought

Tips & Information

Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!!

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

8/11/2026 7:15:28 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:551 AvgSod(mg):405 AvgCarbs(g):99

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)

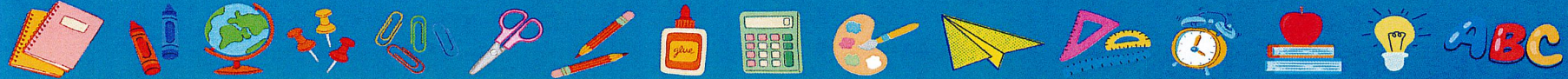
Menu Subject to Change



September, 2026

Summit Academy High Lunch Menu

September, 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day!	No School	No School	No School
7 No School	1 Chicken in Gravy w/ Dinner Roll(16) Mashed Potato(33) Fresh Banana(62) 1% White or 1% Chocolate Milk(20)	2 No School	3 No School	4 No School
7 No School	8 757:1131:131 Turkey Kielbasa on WW Bun(30) Savory Carrots Coins(7) Diced Peaches(28) 1% White or 1% Chocolate Milk(20)	9 756:1061:110 Honey Mustard Chicken Wrap (43) Seasoned Green Beans(7) Mandarin Orange(40) 1% White or 1% Chocolate Milk(20)	10 691:1009:93 WG Pizza Slice (33) Romaine w/ Dressing(3) Fruit mix(37) 1% White or 1% Chocolate Milk(20)	11 No Program
14 545:1156:85 Cheeseburger Meatloaf on WW Bun (34) Seasoned Corn(23) Diced Peaches(28) 1% White or 1% Chocolate Milk(20)	15 791:741:126 Italian Meatball Sub on WG Bun(36) Seasoned Green Beans(7) Fresh Banana(62) 1% White or 1% Chocolate Milk(20)	16 842:1650:124 Crispy Chicken Sandwich on WG Bun (35) Potato Wedges(31) Fruit mix(37) 1% White or 1% Chocolate Milk(20)	17 704:1039:96 WG Pizza Slice (33) Romaine w/ Dressing(3) Mandarin Orange(40) 1% White or 1% Chocolate Milk(20)	18 No Program
21 677:791:105 Chicken Fajita with Tortilla(34) Texas Ranchero Pinto Beans (22) Fruit mix(37) 1% White or 1% Chocolate Milk(20)	22 745:986:130 WG Chicken Tenders with WG Dinne Roll (33) Maple Carrot Coins(15) Fresh Banana(62) 1% White or 1% Chocolate Milk(20)	23 724:1622:123 Beef Sloppy Joe on WG Bun(36) Baked Beans(45) Fresh Orange(22) 1% White or 1% Chocolate Milk(20)	24 681:999:94 WG Pizza Slice (33) Romaine w/ Dressing(3) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(20)	25 No Program
28 758:1285:114	29 729:1083:135 Turkey Kielbasa on WW Bun(30) Seasoned Corn(23) Fresh Banana(62) 1% White or 1% Chocolate Milk(20)	30 744:1338:91 Chef Salad(29) Tossed Salad with Ranch(3) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(20)		

WELCOME



Thought for Thought

Tips & Information

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8/11/2026 8:37:33 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:724 AvgSod(mg):1135 AvgCarbs(g):111

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)



Menu Subject to Change