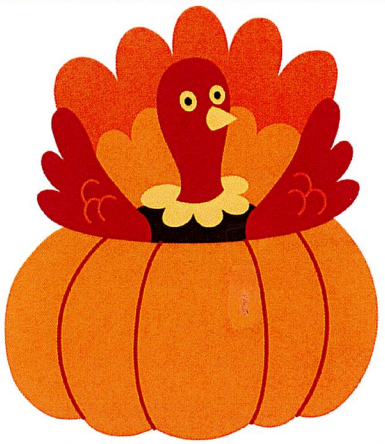
November, 2026

Summit Academy High School Breakfast

November, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch Cereal(22) WG Tiger Bites Grahams (21) 100% Fruit Punch Juice (30) Craisins(27) 1% White Milk or 1% Chocolate Milk(11) 2 560:415:111	No School 3	**WG Blueberry Bagel with Cream Cheese** Fresh Gala Apple(29) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11) 4 528:462:87	**WG Banana Muffin(31)** Giant Vanilla Goldfish (19) Mandarin Orange Cup (20) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11) 5 560:345:96	6
Lucky Charms(23) Scooby Doo Cinnamon Graham Sticks(21) Fresh Gala Apple(29) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11) 9 558:417:114	**Trix Cereal Bar (29)** Giant Cinnamon Goldfish(19) Mandarin Orange Cup (20) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11) 10 580:375:107	**Dannon Nonfat Yogurt(10)** WG Tiger Bites Grahams (21) 100% Grape Juice Box(15) Mixed Fruit Cup (15) 1% White Milk or 1% Chocolate Milk(11) Veterans Day! 11 420:320:72	**Apple Muffin(22)** Giant Vanilla Goldfish (19) 100% Orange Tangerine Juice(15) Fresh Banana(62) 1% White Milk or 1% Chocolate Milk(11) 12 657:377:129	13
Blueberry Chex Cereal (23) Cinnamon Bug Bites(21) 100% Fruit Punch Juice (30) Diced Pear Cup (14) 1% White Milk or 1% Chocolate Milk(11) 16 515:390:99	**Strawberry Nutri-grain Bar (30)** Giant Cinnamon Goldfish(19) 100% Apple Juice(28) Craisins(27) 1% White Milk or 1% Chocolate Milk(11) 17 600:410:115	**Cinnamon Raisin Bagel with Cream** Fresh Gala Apple(29) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11) 18 528:462:87	**WG Blueberry Muffin(30)** Giant Vanilla Goldfish (19) 100% Orange Tangerine Juice(15) Fresh Orange(22) 1% White Milk or 1% Chocolate Milk(11) 19 554:370:97	20
Cinnamon Chex Cereal(23) Scooby Doo Cinnamon Graham Sticks(21) 100% Fruit Punch Juice (30) Diced Peach Cup (12) 1% White Milk or 1% Chocolate Milk(11) 23 500:405:97	**Double Chocolate Oatmeal Bar(24)** Giant Cinnamon Goldfish(19) 100% Apple Juice(28) Cinnamon Applesauce Cup(14) 1% White Milk or 1% Chocolate Milk(11) 24 540:380:96	No School 25	Happy Thanksgiving! 26	27
Trix Cereal Bowl(24) WG Animal Crackers(21) 100% Fruit Punch Juice (30) Craisins(27) 1% White Milk or 1% Chocolate Milk(11) 30 560:405:113				



Thought for Thought

Tips & Information

Abraham Lincoln declared Thanksgiving a national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

In accordance with federal civil rights law and the USDA this institutuin is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

10/5/2026 8:47:11 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )

AvgCals:547 AvgSod(mg):395 AvgCarbs(g):101

****SCHOOLS ONLY****

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)

****Menu Subject to Change****

VARIETY FoodServices

November, 2026

Summit Academy High Lunch Menu

November, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken on WG Bun(35) Maple Carrot Coins(15) Diced Peaches(28) 1% White or 1% Chocolate Milk(20) 2 563:733:98	No School 3	**Crispy Chicken Sandwich on WG Bun** Sweet Baby Peas(9) Fruit mix(37) 1% White or 1% Chocolate Milk(20) 4 689:729:101	**WG Pizza Slice (33)** Romaine w/ Dressing(3) Mandarin Orange(40) 1% White or 1% Chocolate Milk(20) 5 704:1039:96	No School 6
Cheeseburger Meatloaf on WW Bun Seasoned Corn(23) Diced Peaches(28) 1% White or 1% Chocolate Milk(20) 9 677:791:105	**WG Chicken Tenders with WG Dinne Roll** Maple Carrot Coins(15) Fresh Banana(62) 1% White or 1% Chocolate Milk(20) 10 745:986:130	**Turkey Kielbasa on WW Bun(30)** Baked Beans(45) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(20) Veterans Day! 11 772:1905:133	**WG Pizza Slice (33)** Romaine w/ Dressing(3) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(20) 12 681:999:94	No School 13
Beef Hot Dog on WW Bun(30) Baked Beans(45) Fruit mix(37) 1% White or 1% Chocolate Milk(20) 16 842:1890:132	**Turkey Kielbasa on WW Bun(30)** Seasoned Corn(23) Fresh Banana(62) 1% White or 1% Chocolate Milk(20) 17 729:1083:135	**Turkey w/ Gravy and Dinner Roll(30)** Mashed Potatoes w/ Gravy and Corn(40) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(20) 18 793:1753:129	**WG Pizza Slice (33)** Baby Carrots w/Ranch (13) Mandarin Orange(40) 1% White or 1% Chocolate Milk(20) 19 744:1145:106	No School 20
Classic Cheeseburger on WW Bun(32) Seasoned Corn(23) Diced Peaches(28) 1% White or 1% Chocolate Milk(20) 23 692:886:103	**Chicken Strip Wrap w/ Ranch (34)** Seasoned Green Beans(7) Fresh Banana(62) 1% White or 1% Chocolate Milk(20) 24 803:913:123	No School 25	Happy Thanksgiving! 26	No School 27
Beef Sloppy Joe on WG Bun(36) Baked Beans(45) Diced Pears(33) 1% White or 1% Chocolate Milk(20) 30 772:1633:134				



Thought for Thought

Tips & Information

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10/5/2026 10:39:58 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )

AvgCals:729 AvgSod(mg):1177 AvgCarbs(g):115

****SCHOOLS ONLY****

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)

VARIETY FoodServices

****Menu Subject to Change****